

**Advanced Classical weekend
13th - 14th July 2019
Booking Form**

Name:

Address:

Postcode:

Email:

Tel:

I enclose a cheque for (please indicate):

I am doing a bank transfer:

Cost

Weekend: £250

Early bird booking: £208 if you pay the whole amount by 31st March

Refreshments: hot drinks (teas and coffee), fruit and biscuits are provided.

Lunch breaks: there is a kitchen where you can prepare your own lunch, hang out or you can go to nearby cafes or sit in Victoria park.

Booking

To book please fill out the form and send full payment
The early bird booking must be received by 31st March 2019

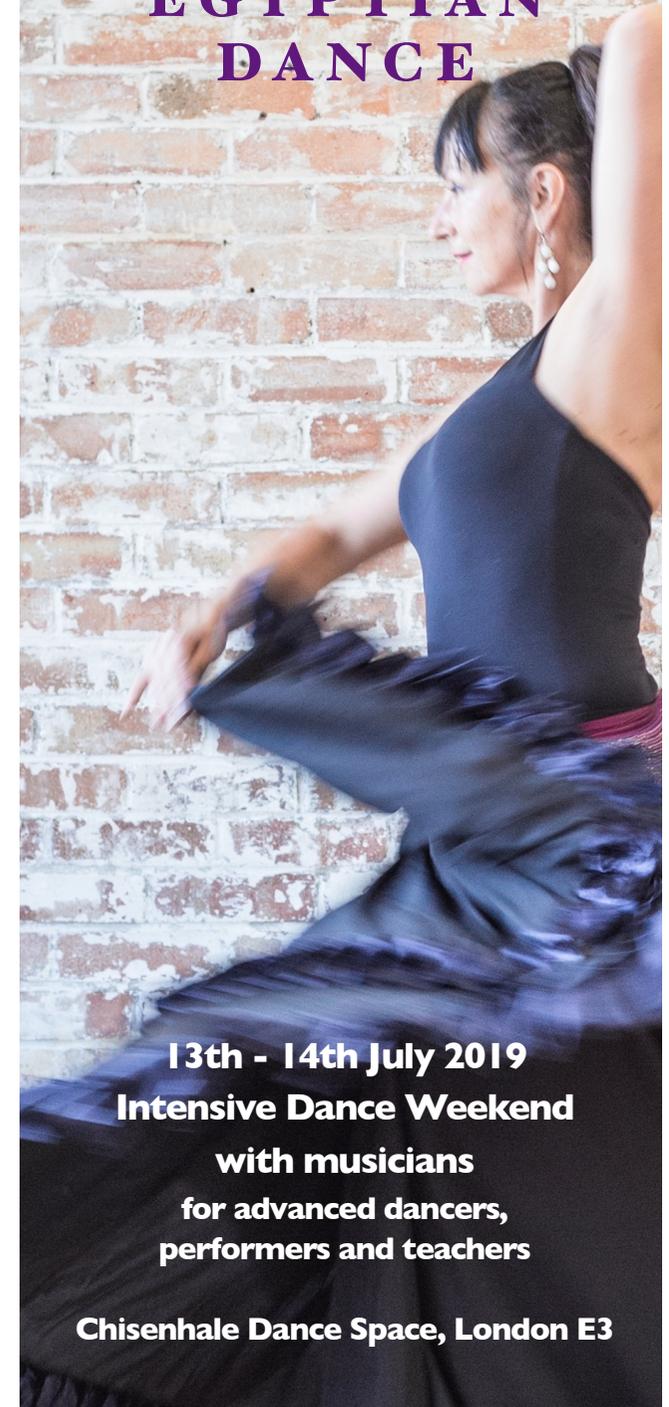
Please make cheques payable to Raqs Sharqi dance projects and post to Raqs Sharqi dance projects, 2 Bicknor Hse, Pembury Rd, London E5 8LQ. You can transfer payment directly into the bank account. Please state name of transferee and email bank details to the Administrator.

RaqsSharqi dance projects, Barclays Bank,
Hitchin Branch, Sort code 20 41 12
Account Number 60625442, IBAN GB 78
BARC 2041 1260 6254 42, SWIFTBIG BARCGB22

www.julianabrustik-dance.com

**All enquiries to: 077808 22843
julbrustik@yahoo.co.uk**

**CLASSICAL
EGYPTIAN
DANCE**



**13th - 14th July 2019
Intensive Dance Weekend
with musicians
for advanced dancers,
performers and teachers**

Chisenhale Dance Space, London E3

Day One:
Fine tuning your instrument
1-7pm

Our instrument is our body and mind!
With the help of a rich variety of bodywork, relaxation and technical dance work we will refine our ability to sense how we use ourselves when we move through space responding to the music. Feeling more in control of ourselves and freed up in our spine and joints allows us to become another instrument and truly communicate with the music. Our body can sing!

Day Two:
Being part of the band
10-4.30pm

This day will start with a dance preparation before the band arrives. The focus of this second day is to listen with your whole self to the live music and respond to the nuances and the layering in the compositions. You are another instrument communicating with the band, allowing for subtle interaction. Interwoven throughout the day there will be short sections of body work to enhance your alignment, spatial awareness and strengthen your performance skills.

CLASSICAL EGYPTIAN DANCE WEEKEND WITH MUSICIANS



The Team

Judy and Juliana have been working together for more than 20 years creating intensive workshops for experienced dancers. They are offering a unique combination of anatomically safe and sound body work taken from their wide range of expertise (Alexander Technique, Feldenkrais, Contemporary Dance, Pilates, Tai chi, Qi Gong and more) to support the technical and creative dance development in the classical Egyptian Oriental dance form (Raqs Sharqi) and deepen the understanding of how to dance to live music.

JULIANA BRUSTIK

is one of the leading dance performers and teachers in the UK of Egyptian dance. She has many years of experience of working with top musicians (including the late Ibrahim el Minyaw and Sheikh Taha). Her dance degree in Contemporary Dance/choreography and qualification in the Feldenkrais Method have helped her expand the traditional language of the dance into a contemporary expressive art form.

JUDY HAMMOND

Her decades of researching and teaching dance, movement and Alexander Technique and working with many fine musicians, dancers and actors have in the past twenty years resulted in the creation of some probably unique ways of enhancing the performer's kinaesthetic awareness, sensitive response to music and ability to ground and centre one's energies. The results are a joy to experience for the dancer and audience.



Musicians

We are looking forward again to working with three of the top musicians from the Arab music world!

Emile Bassili - violine
Gamal Awad - org
Tim Garside - percussion

Venue:

Chisenhale Dance Space,
64-84 Chisenhale Rd, London E3
5QZ

Refreshments/breaks

There is a spacious kitchen with a sitting area where you can hang out during the breaks. Teas, coffee, biscuits and fruit are provided.

Accommodation

some London students might be able to offer a bed/room for a very low cost. Please contact us if you are able to offer a bed or if you need a bed!

front cover:
Laura Montag